

# Intern Self-Reflection of Professional Competencies

Intern: Jennifer Ausicker  
 Internship Site: Old Farmers Road School  
 Supervising Psychologist: Hilary Hawley  
 Date: 12/2/24

Directions: From the scale, choose the number which best represents your competence in that area. Competencies are arranged based upon the *NASP (2010) Standards and Elements*. After each rating, please describe how you have attained the knowledge/skills in each domain.

- 1- Competence is not evident and further training is warranted.
- 2 -Competence is considered below average, but with supervision and experience skill development is expected.
- 3- Competence is average for level of functioning.
- 4 - Competence is above average.
- 5 - Competence is superior/very well developed.
- NA- Insufficient evidence at this time to make a rating.

## II. DATA-BASED DECISION MAKING AND ACCOUNTABILITY

Score: 3

School psychology interns have knowledge of varied methods of assessment and data collection methods for identifying strengths and needs, developing effective services and programs, and measuring progress and outcomes. As part of a systematic and comprehensive process of effective decision making and problem solving that permeates all aspects of service delivery, school psychology interns demonstrate skills to use psychological and educational assessment, data collection strategies, and technology resources and apply results to design, implement, and evaluate response to services and programs.

I know a fair range of assessments and have been practicing and maintaining them, but hope to become more fluent with them.

## III. CONSULTATION AND COLLABORATION

Score: 3

School psychology interns have knowledge of varied methods of consultation, collaboration, and communication applicable to individuals, families, groups, and systems and used to promote effective implementation of services. As part of a systematic and comprehensive process of effective decision making and problem solving



that permeates all aspects of service delivery; school psychology interns demonstrate skills to consult, collaborate, and communicate with others during design, implementation, and evaluation of services and programs.

*Comments:* I feel confident in my ability to consult and give ideas/feedback to colleagues, but think more practice would be beneficial. Also to practice evaluating services/programs would be good too.

IV. Element 4.1 INTERVENTION AND INSTRUCTIONAL SUPPORT TO DEVELOP ACADEMIC SKILLS Score: 34

School psychology interns have knowledge of biological, cultural, and social influences on academic skills; human learning, cognitive, and developmental processes; and evidence-based curriculum and instructional strategies. School psychology interns, in collaboration with others, demonstrate skills to use assessment and data-collection methods and to implement and evaluate services that support cognitive and academic skills.

*Comments:* I feel that my knowledge in this area is high, and I often frequently use it in day-to-day activities. Practice would help make this more fluid.

IV. Element 4.2 INTERVENTION AND MENTAL HEALTH TO DEVELOP SOCIAL AND LIFE SKILLS Score: 3

School psychology interns have knowledge of biological, cultural, developmental, and social influences on behavior and mental health; behavioral and emotional impacts on learning and life skills; and evidence-based strategies to promote social-emotional functioning and mental health. School psychology interns, in collaboration with others, demonstrate skills to use assessment and data-collection methods and to implement and evaluate services that support socialization, learning, and mental health.

*Comments:* I understand the importance + science behind this but feel I could practice it more at my internship site. I will strive to find more opportunities.

V. Element 5.1: SCHOOL-WIDE PRACTICES TO PROMOTE LEARNING Score: 3

School psychology interns have knowledge of school and systems structure, organization, and theory; general and special education; technology resources; and evidence-based school practices that promote academic outcomes, learning, social development, and mental health. School psychology interns, in collaboration with others, demonstrate skills to develop and implement practices and strategies to create and maintain effective and supportive learning environments for children and others.

*Comments:* I would like to learn more about technology resources. I have a good handle on knowledge on schools, general/special education, and evidence-based practices, but there is always room for growth.



### V. Element 5.2: PREVENTATIVE AND RESPONSIVE SERVICES

Score: 3

School psychology interns have knowledge of principles and research related to resilience and risk factors in learning and mental health, services in schools and communities to support multitiered prevention, and evidence-based strategies for effective crisis response. School psychology interns, in collaboration with others, demonstrate skills to promote services that enhance learning, mental health, safety, and physical well-being through protective and adaptive factors and to implement effective crisis preparation, response, and recovery.

Comments: I have good exposure to risk assessments as well as academic preventative measures. I wish to become more fluent in this area but still feel I have good knowledge.

### VI. FAMILY-SCHOOL COLLABORATION SERVICES

Score: 3

School psychology interns have knowledge of principles and research related to family systems, strengths, needs, and culture; evidence-based strategies to support family influences on children's learning, socialization, and mental health; and methods to develop collaboration between families and schools. School psychology interns, in collaboration with others, demonstrate skills to design, implement, and evaluate services that respond to culture and context and facilitate family and school partnership/interactions with community agencies for enhancement of academic and social-behavioral outcomes for children.

Comments: I have good textbook-knowledge of this but hope to gain some real-world experience. Will do some research in the meantime.

### VII. DIVERSITY

Score: 3

School psychology interns have knowledge of individual differences, abilities, disabilities, and other diverse characteristics; principles and research related to diversity factors for children, families, and schools, including factors related to culture, context, and individual and role differences; and evidence-based strategies to enhance services and address potential influences related to diversity. School psychology interns demonstrate skills to provide professional services that promote effective functioning for individuals, families, and schools with diverse characteristics, cultures, and backgrounds and across multiple contexts, with recognition that an understanding and respect for diversity in development and learning and advocacy for social justice are foundations of all aspects of service delivery.

I have a good base-level of knowledge in this area but need more real-world experience.



Comments:

VIII. Element 8.1: RESEARCH AND PROGRAM EVALUATION

Score: 3

School psychology interns have knowledge of research design, statistics, measurement, varied data collection and analysis techniques, and program evaluation methods sufficient for understanding research and interpreting data in applied settings. School psychology interns demonstrate skills to evaluate and apply research as a foundation for service delivery and, in collaboration with others, use various techniques and technology resources for data collection, measurement, analysis, and program evaluation to support effective practices at the individual, group, and/or systems levels.

Comments: I feel confident in this area, I've implemented a few interventions and enjoyed collaborating with staff to take data + analyze it + gain their input.

VIII Element 8.2: LEGAL, ETHICAL AND PROFESSIONAL PRACTICE

Score: 3

School psychology interns have knowledge of the history and foundations of school psychology; multiple service models and methods; ethical, legal, and professional standards; and other factors related to professional identity and effective practice as school psychology interns. School psychology interns demonstrate skills to provide services consistent with ethical, legal, and professional standards; engage in responsive ethical and professional decision-making; collaborate with other professionals; and apply professional work characteristics needed for effective practice as school psychology interns, including respect for human diversity and social justice, communication skills, effective interpersonal skills, responsibility, adaptability, initiative, dependability, and technology skills.

Comments: I have good knowledge of legal, ethical, and professional practice + feel confident in my abilities to demonstrate + perform them.